Team-Based Obesity Care: Implement team-based clinical care models for obesity prevention, treatment, and management. (*Expert opinion*)

**Reach:** Medium
- This strategy has the potential to reach many patients within a healthcare system; however, it may take time to incorporate all members of a patient's care team.

**Strength:** Low
- Research on team-based obesity care is just beginning. Collaborative care teams that focus on patient-centered care and include a wide variety of practitioners (e.g., dieticians, pediatricians, interventionists, nurses) and partners (e.g., parents and children) may be more likely to increase impact. Additionally, team-based care may be more effective when implemented in congruence with standardized, evidence-based models.

**Mix of Policy, Systems, Environment, and Programs:** Medium
- Team-based obesity care may either be programmatic or involve a systemic change in workflow; however, it likely impacts entire healthcare systems.

**Sustainability:** Low
- Interventions and team-based provider practices need to be maintained and supported long-term. The benefits of an intervention can be lost after the end of the intervention period, particularly without adequate follow-up.

**Impact across Settings:** Low
- This strategy is primarily clinic-based, but may potentially include community groups or other sectors.

**Immediacy of Implementation:** Medium
- The size of the care team and its coordination of efforts will likely impact the immediacy of implementation. Securing relationships among providers may be implemented relatively quickly, while establishing links and partnerships with prevention and treatment programs in the community may require more time and resources.

**Feasibility:** Medium
- Implementation of this strategy requires working across multiple clinical settings and possibly with community partners. If community groups are also involved, this creates an additional layer of infrastructure to organize.